

# The Great Outdoors



Outdoor adventure is waiting for you just 30 minutes west of Cheyenne! **Three scenic and distinct areas—the Pole Mountain and Vedauwoo areas within Medicine Bow National Forest, and Curt Gowdy State Park—provide a rich playground for both the casual nature lover and the avid outdoor enthusiast.**

**Year-round recreational opportunities await: a well-defined system of trails serve as bike and hiking paths in the summer months, snowshoeing and cross country skiing trails in the wintertime.**

**Streams and reservoirs offer fishing and boating. Spectacular rock formations provide climbing and photo opportunities!**

**Mountain Biking** is epic in this area, with miles of biking trails that feature rocky technical sections, spectacular views and remote winding roads.



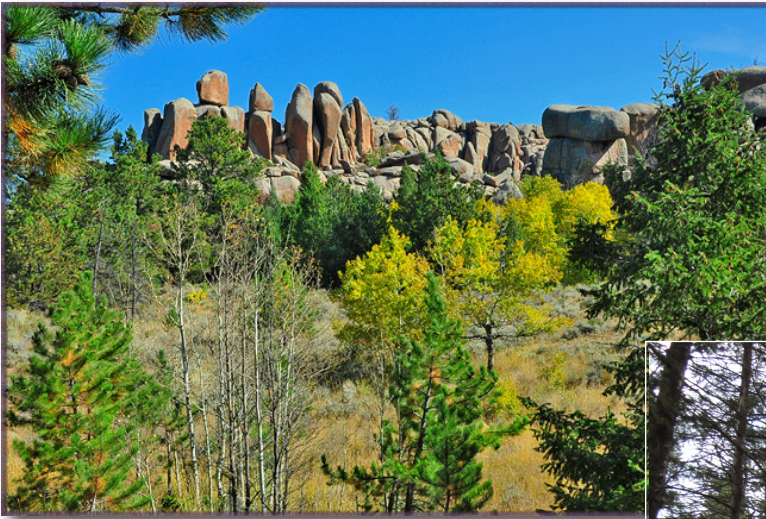
Winter opens the area west of Cheyenne to new kinds of adventures, such as **ice fishing, sledding cross-country skiing and snowshoeing.**



Cheyenne **LEADS**

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**Hiking trails** take you through all kinds of terrain, including rocks, hills, creek beds, forests and plains. Dozens of trails range from easy to expert.

The area west of Cheyenne features world-class climbing, with all skill levels of **bouldering, belaying, scrambling and rappelling**.



Lakes located near Cheyenne provide **camping, boating, fishing and kayaking**.

